

Supporting the Emotional Needs of the Gifted— SENG Model Parent Group

Now available VIRTUALLY!!

Description and Purpose

This unique parent group meets weekly for 8 weeks using guided and open discussions to expand parents' and caregivers' understanding of the gifted children in their lives. Groups are led by certified SENG facilitators and classes meet for 60-75 minutes each week. Topics discussed include peer relationships, motivation, discipline, emotional intensity, perfectionism, etc. Discussions take place in a nurturing and non-judgmental atmosphere. SENG Model Parent Groups are an opportunity for parents to connect with *their* peers and find support in their parenting journey.

DATES: Tuesdays, August 30—November 1, 2022 (No classes will be held October 4 & 11 due to fall break schedules)

TIME: 6:30 pm Arizona Standard Time, for 75 minutes **ONLINE VIRTUAL PLATFORM:** We will meet over Zoom. Each participant will need to purchase the book, available through many retailers: *A Parent's Guide to Gifted Children* by James Webb, et al.

Space is limited! Register now at: gtparentmentor.com/services

What local parents are saying about SENG Model Parent Groups:

- Because of the discussion group I feel like I appreciate my child's intensity and creativity more. I understand where she's coming from better now in many different ways.
- You will feel better knowing you are not alone on this journey.
 You will feel that you can make progress with your kids to have a happier home and have your kids be happier.
- I'm so grateful to have discovered this SENG Model Parent Group! It was incredibly helpful to be able to share stories of parenting wins and fails, and to gain insightful tips that have worked for others. I've gleaned many new tools in my parenting tool belt, while also cutting myself some slack for not being a perfect parent. Committing to this workshop was one of the best parenting choices I've made for my family.



Email questions to gtparentmentor@gmail.com

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